



UP & CUMMING

Summer 2010 Vol. 4 Issue 1

Visit the Cumming Website @ <http://www.clancumming.us>

Come One Come All To The 145th Annual Caledonian Club of San Francisco Highland Games in Pleasanton



To Arms To Arms.
Grab up your Courage all you Cumming Clan. Don your Kilts and strap on your Sword or Dagger.

And come to the biggest (and some say the best) Highland Games held in California. Yes as a Clan Convener and as our west coast Commissioner Wild Bill Cummings has shouted to me "Let's make this Games the best and biggest for the Clan Cumming"

So I'm sending out the message to all Members and Newsletter subscribers, clear your palm pilot/datebook and join us.

The Weekend of September 4th & 5th is the date. Pleasanton California is the place.

We will once again have 2 tent spaces among the trees in the Walk of the Clans area.

Our coolers will be full of refreshing soda – water – and perhaps something a wee dram stronger.

For everyone that comes by and signs the roster and presents the coupon on the last page of this Newsletter you'll receive a Free Clan Cumming Keychain a Free remastered DvD of the Clan Cumming and a \$5.00 discount on any one Clan Cumming T-shirt (normally \$20.00)



So if you're going to attend any one Highland Games this is the one to be at.

The Highland Games consist of:

- Athletic Heavy Events (men & womens)
- Rugby & Shinty
- Soccer
- Piping & Drumming
- Highland Dancing
- Sheep Dog Trials
- Birds of Prey Demos
- Celtic Music Entertainment
- Historical Re-Enactment
- The Kilted Mile Race
- The Childrens Glen
- The Clydesdales
- Whisky Tasting
- The Ceilidh
- Gathering of the Clans

So there's something for everyone and we look forward to seeing you there.

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Sonora Celtic Faire 2010

Sonora California March 11th – 14th



Sonora was beautiful with snow on the mountains and that crisp fresh air. We arrived Thursday, March 11th, and proceeded to the Mother Lode Fairgrounds to drop off our clan tent.

We were greeted by Seamus O'Moore and were directed to a nearby building for setup.

Since the weather forecast for Friday's School and Family Day was predicting rain, we were led to a nice building just inside the back entrance to the fair grounds. Friday March 12th was rainy and cool, but being inside was a pleasant experience and the crowds of children and adults made the day go by quickly.

Saturday and Sunday were beautiful with sun drenched mountains and cold spring air to wake one up in the morning and then mild afternoons. Our tent was placed with a flowing stream behind us and the pageantry of the Queen and her court across from us.

The attendance was moderate, but we enjoyed answering questions about Clan Cumming and our place in the history of Scotland.



After the long 3 days of fun and games we were a bit sad to bid farewell to the Sonora Celtic Faire and we look forward to being there again next year.

Courage
Tim & Trisha

Clan Ross

(This Months Featured Clan)

Origins of Clan Ross

King Malcolm IV of Scotland named the Clan Ross in 1160. The first chief of this Highland Clan was Fearchar, Earl of Ross from the O'Beolain family.

When King Alexander II rose to the throne it caused a rebellion in Moray and western Ross-shire. With members of his clan and others, Ferquhard Ross managed to eliminate the opposition. He brought the heads of the leaders of the rebellion to the King, who knighted him in 1215. By 1234 he had been named Earl of Ross.

Clan Ross fought against the English at the Battle of Dunbar in 1296 during the Wars of Independence. They fought along King Robert the Bruce at Bannockburn in 1314.

THE CLAN ROSS BADGE

(Success nourishes hope)



Clan Ross feuded with the Clan MacKay. In 1486 Angus Roy MacKay was slain at an event known as the Battle of Tarbat. The Ross Clan felt they had no choice but to retaliate against the MacKays after having experienced many attacks by the Clan. When the MacKays

felt they were being defeated they took shelter in the church of Tarbat. However the church was set on fire and many MacKays died.

In an act of revenge in 1487 MacKay Chief Ian MacKay, with help from Clan Sutherland, invaded Clan Ross territory. The Ross chief and many others were killed.

By 1496 when the feuding and bloodshed continued the King ordered the Ross and MacKay chiefs to appear before the Earl of Argyll, The Lord High Chancellor of Scotland, to make peace.

However the MacKays continued raids until they became otherwise occupied in feuds with Clan Sutherland.

Scottish Humor



Do you have an Article – Story – Picture you could contribute?

Contact Us!

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Recipe of the Month Aberdeen Rowie



4 cups Bread Flour
3/4 cup Butter
6oz Lard
1 Heaped Teaspoon Salt
2 Heaped Teaspoons Sugar
1oz Fresh Yeast or 1 Tablespoon of Dried
1/4 pint Tepid Water

1. Mix the yeast, sugar and 1/2 the water in a small bowl and leave for 15 minutes.
2. Sieve the flour and salt into a large bowl add the yeast
3. Mix the ingredients together with enough water to make a smooth firm dough.
4. Transfer the dough to a well floured surface and knead well for about five minutes.
5. Place the dough back into the bowl, cover with a warm slightly damp cloth and set aside in a warm place for about an hour or until about double its original size.
6. While the dough is rising cream together the butter and lard.
7. When the dough has risen knead it again and then roll it out on a floured surface and then spread it with a third of the butter and lard mixture and sprinkle lightly with flour.
8. Fold the dough in three and roll it out again. Repeat the procedure twice more. Roll out the dough quite thinly and cut into squares.

9. Bring the four corners of each square to the centre, shape them into rounds and flatten slightly with hand - do not over handle the dough.

10. Place the uncooked rolls onto a floured and warm baking tray and leave them in a warm place to rise for about half an hour to 40 minutes.

11. Bake the rolls in a hot oven (230,°C/ 450,°F) for about 15-20 minutes until golden brown and crispy on both sides



A buttery, also known as a rowie or Aberdeen roll, is a savory Scottish bread roll. They are noted for their flaky texture and buttery taste (hence the name). To those who have never experienced one they are probably best described as a flattened, round croissant, with a very salty taste. Although they have a salty, savory taste they are often eaten toasted with jam/butter (be careful, the high fat content makes them get extremely hot when toasted).

As the alternate name of Aberdeen roll suggests, butteries are a specialty of Aberdeen but they are actually common throughout the North East of Scotland and can be found in Elgin. They were created in the 1880s, to provide the growing Aberdeen fishing industry a type of high-fat roll which would keep for longer periods at sea than conventional rolls.

Future Games 2010

Seattle Highland Games – Enumclaw WA – July 31st ~ Aug 1st
(<http://www.sshga.org/>)

Monterey Scottish Games – Monterey CA – August 7th ~ 8th
(<http://www.montereyscotgames.com/>)

**Caledonia Club of San Francisco Scottish Highland Games –
Pleasanton CA – September 4th ~ 5th (see you there)**
(<http://www.caledonian.org/>)

**Southwest Missouri Celtic Festival – Buffalo MO – September 9th ~
10th**
(<http://www.swmocelticfestival.com/>)

Tulsa Scottish Games – Tulsa OK – September 17th ~ 19th
(<http://www.tulsascottishgames.org/>)

Clan Jamfry – Memphis TN – September 24th ~ 26th
(<http://www.clanjamfrymemphis.org/>)

Fresno Highland Games – Fresno CA – September 18th
(<http://scottishsociety.org/>)

Seaside Highland Games – Seaside CA – October 8th ~ 10th
(<http://www.seaside-games.com/>)

**St. Andrews of Springfield Kirkin of the Tartan – Springfield MO –
November 6th**

Salado Scottish Festival – Salado TX – November 12th ~ 14th
(<http://www.ctam-salado.org/Gathering/Gathering.htm>)

To all Clan Cumming Members !!

**I am sending this out to all Dues Paying Members along with
my regular West Coast Up & Cumming newsletter
subscribers.**

**I hope those receiving this who may not be in the Western
Region don't mind.**

**As our society *An Cuimean* is going through some changes I
thought all members wouldn't mind having something else to
read in the meantime.**

**Courage
Tim & Trisha Cummings**

